

Fountain Gate Primary School

A community of focused learners who share their curiosity, voice and expertise with others.



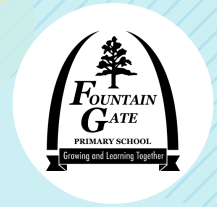
Principal's Report

It's Not Okay To Be Away ... Nor To Be Late To School

During the last 2 weeks of Term 3, school staff made a huge commitment to touching base with parents and carers to establish the reasons for student's high absenteeism and offer support where needed. When a student misses 40 days or more of school in any one year they are considered at risk in their learning and may have to repeat their current year level. It is important that students attend school regularly unless they are genuinely sick when they should be taken to the doctor. Interrupted learning is the single most important reason as to why students fall behind in their learning. It is extremely difficult to reverse this trend, despite teachers working very hard to do so. Please make sure that your child/ren arrive at school by the 8.55am bell each morning as this gives them time to get to their learning spaces to prepare for the day's learning. Lateness wastes everyone's time. Obviously there will be the odd occasion that students are late for school due to unforeseen circumstances and that is acceptable but should not be on a regular basis.

As a Parent or Carer:

- ✓ Commit to sending your child/ren to school every day.
- ✓ Make sure your child/ren arrive at school on time.



Calendar Dates

Friday 28th October

World Teachers' Day

Tuesday 1st November

Melbourne Cup Day

Public Holiday & Student Free

Day

Thursday 3rd November

Level 2 Melbourne Zoo

Excursion

Level 5/6 Soccer Tournament

(Qualifying Students Only)

Tuesday 8th November

Market Stall Day

10:00am - 1:00pm

Free Dress Day - Gold Coin

Donation

Raising funds for Planet Ark

Friday 11th November

Remembrance Day

School is open as normal

Level 5/6 Swimming Begins

Monday 14th November

Staff Planning / Report Writing

Student Free Day

- ✓ Inform the school when your child is away by 9.30am and send medical certificates and other evidence of genuine absence.
- ✓ Consider catching-up on missed work.
- ✓ Make a child/ren who are away, stay in their bedroom – that is where ill children should be – not playing, shopping or visiting family/friends.

Please let us know if we can support you in any way in getting your child to school every day!

Respect

Valuing others

Trust

Having faith in ourselves

Care

Looking after yourself and others

FREE DRESS DAY ON TUESDAY 8TH NOVEMBER – ENVIRONMENT WEEK

November 7th - 11th is Environment Week, and we are celebrating it at Fountain Gate Primary School!

Students will be able to wear free dress on Tuesday 8th November (also Market Stall Day) for a gold coin donation.

All funds raised will be donated to Planet Ark to help them keep our environment clean!

Also, please hang onto any bottle caps you use at home and have your children bring them in on the day, classes will be doing an activity with them.

LEVEL 6 – “CLASS OF TWENTY 23” POLO TOPS

Class of 2023 polo tops for Level 6 students are now available to order via Qkr. The cost of a short sleeve polo top is **\$39.00**.



Following FGPS tradition, the polo will feature a design created by our own students and a banner that reads 'Class of Twenty 23'.

This is the only chance to place an order. No late orders will be accepted. Payments must be made in full by Friday 25th November. Don't miss out!

Students have had the chance to try on sample polo tops to assist with sizing. If you are unsure, please contact the office to confirm your child's size

FIRST AID UPDATES



Thunderstorm Asthma - Be Prepared This Pollen Season

Grass pollen season, which runs from October to December each year, brings an increase in asthma and hay fever symptoms. It also increases the risk of [thunderstorm asthma](#). For people with asthma or hay fever, especially those who experience wheezing or coughing with their hay fever, thunderstorm asthma can be sudden, serious and even life threatening.

Fountain Gate Primary School will implement a range of measures to keep our school community safe when the risk of thunderstorm asthma increases. Many of our staff are trained in asthma first aid, and we will monitor the VicEmergency app to receive thunderstorm warnings, and, where appropriate, keep students indoors when weather forecasts identify greater level of risk.

How You Can Prepare

During pollen season, there are some things you can do to prepare and protect yourself and your family:

- If your child has ever had asthma: talk to your doctor about what you can do to help protect your child from the risk of thunderstorm asthma, including updating your asthma action plan (Please see next page). Taking an asthma preventer properly and regularly is key to preventing asthma, including thunderstorm asthma.
- If your child has hay fever: see your pharmacist or doctor for a hay fever treatment plan and check if you should have an asthma reliever puffer. These are available from a pharmacy without a prescription.
- If your child has hay fever and experiences wheezing and coughing: it is important to make sure they don't also have asthma. Speak to your doctor about an asthma action plan.
- Where possible, avoid being outside during thunderstorms from October to December, especially during the wind gusts that come before the storm. Go inside and close your doors and windows. If you have your air conditioning on, turn it to 'recirculate'.

Protect yourself this pollen season – managing asthma and allergies matters.



Remain vigilant for COVID-19

It is important for students to manage any hay fever or asthma symptoms, as these conditions can produce symptoms such as fever, chills, cough, sore throat, shortness of breath, runny nose, and loss or change to sense of smell or taste, which are similar to COVID-19 symptoms.

If your child experiences these symptoms in different or worse ways to their usual hay fever or asthma symptoms, medical advice should be sought.

Find out more

For more information, visit your general practitioner (GP) or visit the [Better Health Channel](#)



ASTHMA ACTION PLAN

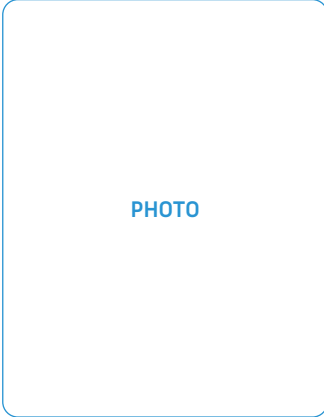


VICTORIAN SCHOOLS

Student's name: _____

DOB: _____

Confirmed triggers: _____



- Child can self-administer if well enough
- Child needs to pre-medicate prior to exercise
- Face mask needed with spacer

ALWAYS give adrenaline autoinjector FIRST, and then asthma reliever puffer if someone with known asthma and allergy to food, insects or medication has SUDDEN BREATHING DIFFICULTY (including wheeze, persistent cough or hoarse voice) even if there are no skin symptoms.

Adrenaline autoinjector prescribed: Y N Type of adrenaline autoinjector: _____

ASTHMA FIRST AID

For Severe or Life-Threatening signs and symptoms, call for emergency assistance immediately on Triple Zero "000"
Mild to moderate symptoms do not always present before severe or life-threatening symptoms

- 1. Sit the person upright**
Stay with the person and be calm and reassuring
- 2. Give ___ separate puffs of Airomir, Asmol or Ventolin**
Shake the puffer before each puff
Puff 1 puff into the spacer at a time
Take 4 breaths from spacer between each puff
- 3. Wait 4 minutes**
If there is no improvement, repeat step 2
- 4. If there is still no improvement call emergency assistance**
Dial Triple Zero "000"
Say 'ambulance' and that someone is having an asthma attack
Keep giving ___ puffs every 4 minutes until emergency assistance arrives

Commence CPR at any time if person is unresponsive and not breathing normally.

Blue/grey reliever medication is unlikely to harm, even if the person does not have asthma.

SIGNS AND SYMPTOMS

MILD TO MODERATE

- Minor difficulty breathing
- May have a cough
- May have a wheeze
- Other signs to look for:



SEVERE

- Cannot speak a full sentence
- Sitting hunched forward
- Tugging in of skin over chest/throat
- May have a cough or wheeze
- Obvious difficulty breathing
- Lethargic
- Sore tummy (young children)

LIFE-THREATENING

- Unable to speak or 1-2 words
- Collapsed/exhausted
- Gasping for breath
- May no longer have a cough or wheeze
- Drowsy/confused/unconscious
- Skin discolouration (blue lips)

Emergency contact name:

Work ph:

Home ph:

Mobile ph:

Plan prepared by Dr or Nurse Practitioner:

Signed: _____
I hereby authorise medications specified on this plan to be administered according to the plan

Date prepared:

Date of next review:



- Assemble spacer.
- Remove cap from puffer.
- Shake puffer well.
- Attach puffer to end of spacer.

- Place mouthpiece of spacer in mouth and ensure lips seal around it.
- Breathe out gently into the spacer.
- Press down on puffer canister once to fire medication into spacer.
- Breathe in and out normally for 4 breaths (keeping your mouth on the spacer).

ASTHMA FIRST AID

Blue/Grey Reliever

Airomir, Asmol, Ventolin or Zempreon and Bricanyl

Blue/grey reliever medication is unlikely to harm, even if the person does not have asthma



DIAL TRIPLE ZERO (000) FOR AN AMBULANCE IMMEDIATELY IF THE PERSON:

- is not breathing
- suddenly becomes worse or is not improving
- is having an asthma attack and a reliever is not available
- is unsure if it is asthma
- **has a known allergy to food, insects or medication and has SUDDEN BREATHING DIFFICULTY, GIVE ADRENALINE AUTOINJECTOR FIRST (if available), even if there are no skin changes, then use a reliever**

1



SIT THE PERSON UPRIGHT

- Be **calm** and reassuring
- **Do not leave** them alone

2



GIVE 4 SEPARATE PUFFS OF RELIEVER PUFFER

- **Shake** puffer
- Put **1 puff** into spacer
- Take **4 breaths** from spacer
 - Repeat until **4 puffs** have been taken



If using **Bricanyl**, give 2 separate inhalations (5 years or older)

If you don't have a spacer handy in an emergency, take **1 puff** as you take **1 slow, deep breath** and hold breath for as long as comfortable. **Repeat** until all puffs are given

3



WAIT 4 MINUTES

- If breathing does not return to normal, give **4 more separate puffs** of reliever as above



Bricanyl: Give 1 more inhalation

IF BREATHING DOES NOT RETURN TO NORMAL

4



DIAL TRIPLE ZERO (000)

- Say **'ambulance'** and that someone is having an asthma attack
- Keep giving **4 separate puffs every 4 minutes** until emergency assistance arrives



Bricanyl: Give 1 more inhalation **every 4 minutes** until emergency assistance arrives

Grade 5 & 6 students and teachers are SO excited to be able to host you for our...

MARKET STALLS

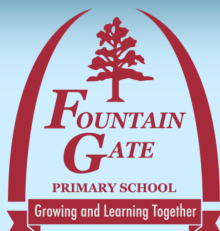
TUESDAY

8 November

11:00am - 1:00pm

**GAMES • SAUSAGE SIZZLE (HALAL)
ICE CREAM • POPCORN • CANDY
BALLOONS • AND MORE**

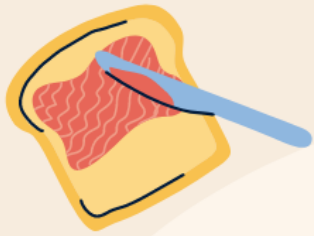
DON'T FORGET TO BRING MONEY!



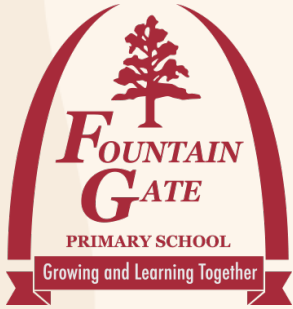
AFLW VISIT

Over the last few weeks, members of the AFLW (Australian Football League - Womens) group visited FGPS to run some Footy Clinics with students. We were lucky enough to have some great weather for the clinics, which the students all really enjoyed.





Canteen Volunteers Wanted



Must have a voluntary Working With Children's Check.

Volunteers needed Wednesday - Friday, from approx

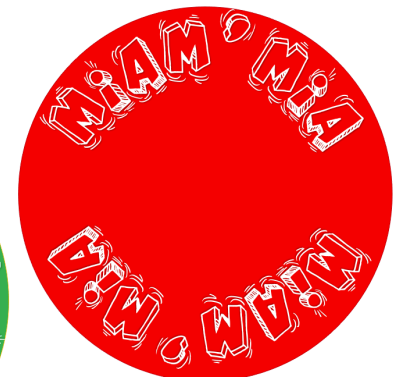
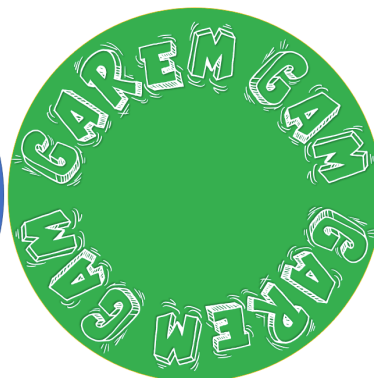
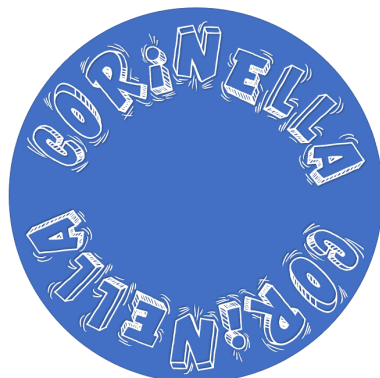
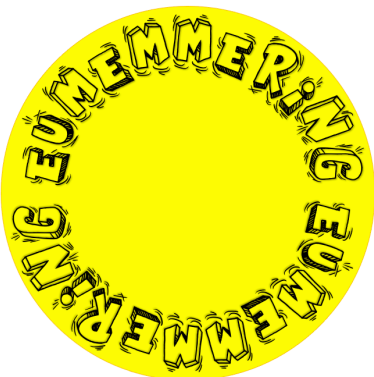
12:00pm - 1:15pm

Contact the Office for more
information on 9703 1187

Or drop by the front office



FGPS House Names



Artist of the Month

October 2022

“Creativity is intelligence having fun”!
Albert Einstein



Artist: Shahida S
Grade: 2D
Title: Nature Art

An excellent example of an artist who not only finds inspiration in nature but also creates art utilising natural materials is the British artist, Andy Goldsworthy. His land art sculptures are intentionally temporary and left in their environment.

Andy Goldsworthy's work inspired Year 2 students to create their own nature art. Students had to identify how the artist used natural materials to create lines and shapes. Point out various examples of symmetrical and asymmetrical balance, as well as how the artist used contrasting colours to guide the viewer's eye around the artwork.

Shahida is a young talented artist who enjoys art very much. She is a keen learner who works creatively in the art room. Her effort and enthusiasm during 'Nature Art' session was outstanding.

Well done, Shahida!

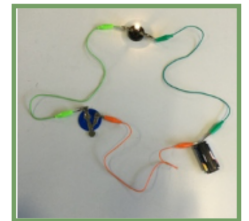
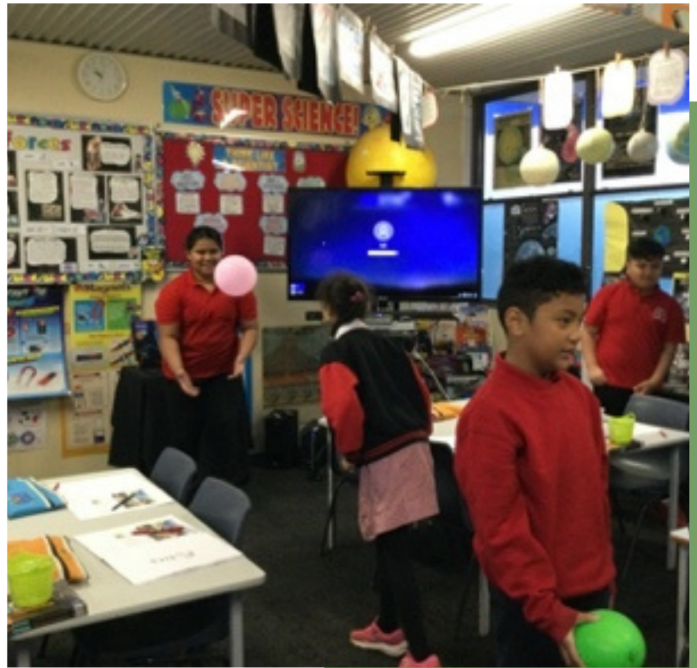
Visual Arts teacher
Ms Kathy Mottahedin

Science



Term 4

This term Levels 3 and 4 are learning about physics with students investigating forces, push and pull. They will conduct experiments exploring gravity, friction, thrust, air resistance and magnetic force. Students will discover how forces act upon objects in our world.



“Somewhere, something incredible is waiting to be known”

Electrical Energy

Students in Levels 5 and 6 are learning about electrical energy. They will investigate renewable and non-renewable energy sources in relation to how electricity is generated. Students will also learn how electricity flows by creating open and closed circuits.

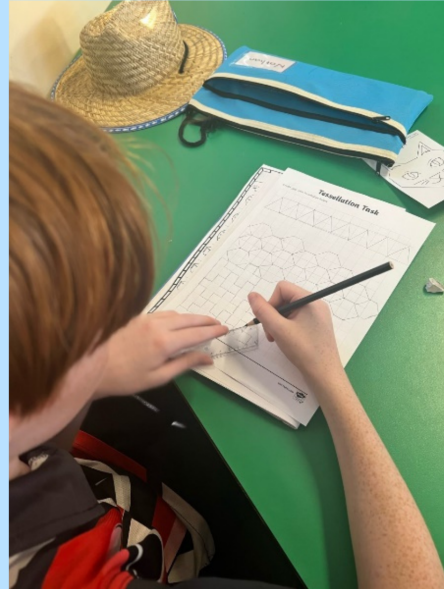


Maths in Action

WITH MRS BERNAU

Tesselation

Level 5/6 students were learning about Tesselation using 3D shapes. Nathan from 5/6W was successful in using the 3 regular polygons to create his tesselation.



Money

Level 3/4 students have been learning about money and its history. They really enjoyed being able to plan and buy their lunches for the week. They had to calculate how much it cost each day and then work out the final cost for the week.



MUSIC

Term 4

In Music this term, Foundation students are continuing to learn about dynamics and tempo. They will also learn about different musical styles and times, music for special occasions, different dance styles and times, expressive dance, and movement. The students will be introduced to some songs related to Toys and Celebrations.



In Level 1 we are continuing to learn about tempo, tone colour (classification of sounds) and texture. The students will also learn about music from different times, music from different lands, music for different purposes and music for dancing.

In Level 2, the students are making their own shakers and using those shakers to continue to learn about tone colour, dynamics, and rhythm. They will also learn about music from different times, music from different lands, music for different purposes and music for dancing.

Students in Levels 1 and 2 will be learning about music, songs, and dances from the last 7 decades, starting from the 1950's up until today. All classes sing, play instruments, and play musical games.





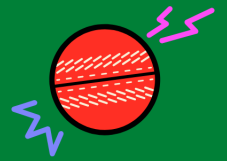
PHYSICAL EDUCATION (2-6)

ABOVE - Ryan S. 6B focusses on the ball during a batting session

BELOW - Melisse P. 6B bowling with speed and accuracy



WHAT'S ON



During term 4, level 5 and 6 students have completed units of Aussie Rules and have begun Cricket. They have also been participating in a couple of 'beep tests' which is designed to test their cardiovascular fitness.

Level 3 and 4 students are currently learning the skills involved in Cricket. They are refining their overarm throwing and catching skills while learning new skills like bowling, batting and wicket keeping.

Junior students have continued with their fundamental motor skills, minor sports and fun running games such as Scarecrow Tiggy, Toilet Tiggy, Ship-Shark-Shore and Memory Tag. They have completed fun, hands on lessons with balloons, footies, basketballs and soccer balls. A game called 'Super Fruithead' has been one of their favourites this term.



Evelina P. 6D and Anna L. 6B, celebrate their fantastic results at Casey Fields in the Divisional Athletics Carnival. Evelina came 2nd in the shot put event and Anna came 2nd in the triple jump. Both girls qualified for the Zone Athletics Carnival which was an amazing achievement for both girls! Evelina and Anna are even more determined to qualify for state titles next year.

Junior Phys. Ed



This term, Foundation and level 1 students are continuing to perform fundamental movement skills and solve movement challenges.

In Term 4, Foundation students are continuing to develop their hand eye coordination when throwing and catching balls. Students are using personal and social skills when working with others in activities and games.

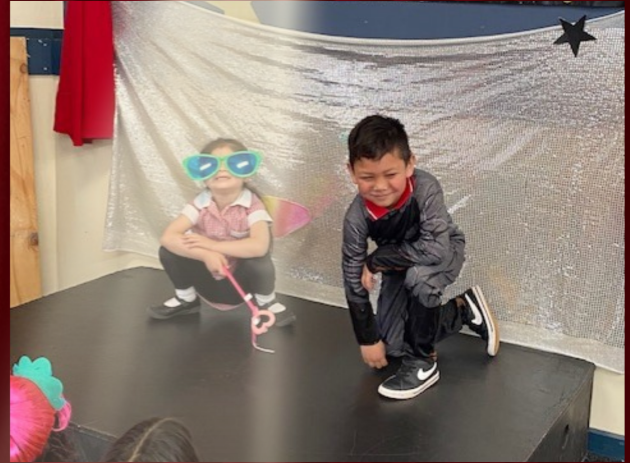
Level 1 students are displaying their ball handling skills of overarm and underarm throwing and catching. They are using strategies to work in group situations when participating in physical activities.

Foundation and Level 1 students are demonstrating great ball skills! It is wonderful to see the improvement in their coordination and increased confidence. Students are enjoying playing the 'Hot Potato' ball game. This game is very good for developing throwing and catching skills! Another favourite game is 'Fruit Salad'. Children love the running involved in this game!

We are having a fantastic start to Term 4, and I congratulate all the Foundation and Level 1 students for their great learning in Physical Education!



DRAMA



Term 4 is off to a very good start in the Drama classroom. Foundation Students have been enjoying dressing up and acting like their favourite characters. They have also been working a lot on using their imagination to act out different scenarios. For the rest of the term they will continue this work and will also keep developing their knowledge of using different emotions when they are acting. The Level 1's and 2's have been working on voice projection by participating in Reader's theatre. For the rest of the term the Level 1's will be learning basic scripts and using them as story starters to create their own plays. They will also be learning to present stories in different ways including through dance. The Level 2's will be learning more complex scripts and thinking about the different elements of drama to create a performance.

VISUAL ARTS

TERM 4

In Term 4, students in Years Foundation through Level 6 will continue to build on skills, techniques and knowledge learned in previous drawing, painting, printing, and construction lessons. Throughout the term, students will examine a variety of artists who use various materials to create various types of art. Students investigate and learn how and why artists and designers bring their ideas to life through different forms of art. Special events such as the Melbourne Cup and Christmas will also be a focus.

Foundation
Self-portrait
(This is me!)



Level 1 - Nature Art
(Inspired by Andy Goldsworthy)



Level 2 - Self Portrait



Level 3 - Observational Drawing



Level 4 - Self Portrait

(Inside my head, inspired by Archimbalso's paintings)



Level 5 & 6

Observational Drawing - Self Portrait (Facial proportion)



Fountain Gate Primary School



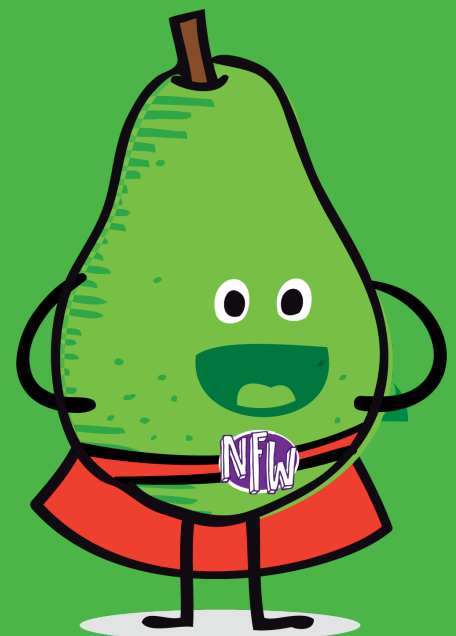
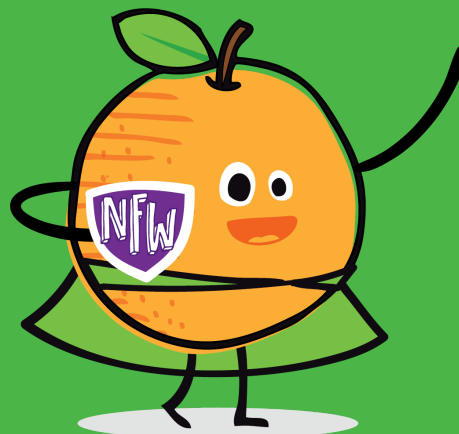
Every Tuesday!

Can you be a

NUDE FOOD

SUPERHERO?

The class with the
most participants
wins a prize!



Community Hub Timetable Term 4

MONDAY

Citizenship

9:00am to 11:00am



Children's Language Class

11:00am to 11:30am



Keep Fit

11:15am to 12:00pm



TUESDAY

English Class

9:00am to 11:00am



Citizenship

11:15am to 1:15pm



Conversation English Class

1:30pm to 3:15pm



WEDNESDAY

English Class

9:00am to 11:00am



Coffee and Chat
Self Care Program

11:30am to 1:00pm



Community Garden

12:00pm - 12:30pm



THURSDAY

Little Cuties Playgroup

9:15am to 10:45am



English Class

9:00am to 11:00am



Digital Tech Class

11:15am to 12:30pm



Drop in to Meet Naz

12:00pm to 1:00pm



Naz
Community Hub Coordinator

☎ 0435 178 936

Student Achievements

Gem S	2D	For attending school every day this week. Well done Gem!
Shezreen S	4C	For her impressive and creative poem. Well done Shezreen!
Raine C	4C	For her impressive and creative poem. Well done Raine!
Malaika M	3/4B	For your perseverance when learning about the relationship between fractions and decimals, and sharing your understanding. Keep up the fabulous effort!
Adnan G	3/4B	For your hard work when writing your acrostic poem on Lightning, and making sure you include descriptive language. Great effort!
Whole Class	6D	For working so well this week to show our visitors how we do our learning. Well done. I'm very proud of you all.
Budhara W	4S	For settling in so well to 4S and her new school.
Zuke N	Prep B	For trying so hard in all areas of your learning. You have done a great job at looking for digraphs in words. Well done superstar!
Sana S	3H	For always participating in class discussions and sharing her ideas. Well done Sana you are always engaged in your learning!
Halima S	3G	For coming to school every day this week. Excellent work Halima!
Ali I	5A	For applying your knowledge of language and structural features to your narrative, and completing your work to the best of your ability.

Student Achievements

Kishan U	4H	For showing resilience when showing different ways to represent decimals in fractions and other forms.
Omid S	Prep D	For working very hard to improve his reading. Keep up all your amazing work, Omid!
Zoya E	Prep D	For working hard to stretch out sounds to help her read new words. Keep up all your amazing work, Zoya!
Kumail K	2C	For working well with others and being a great friend. You are always helpful to everyone. Well done!
Ava H	2S	For excellent results on her 'kn' smart words dictation test
Shanaih F	5/6W	For your enthusiastic approach to learning and accepting challenges with a great attitude.
Mark W	6P	For your great explanation of how you subtracted simple fractions from whole numbers. Amazing work! Keep it up!
Helen T	Prep U	For always welcoming others with a smile!
Shakira D	3G	For always trying her best to add detail to her work. Excellent work Shakira!
Lincoln P	1S	For working very hard with his reading & sight words! Well done, Lincoln!
Zainab B	1K	For working hard to improve her reading skills and trying hard to complete her reader every night. Well done on an excellent start to Term 4!



Unwanted Textiles Drop-Off Day

SATURDAY 12 NOVEMBER
9.00 AM – 3.00 PM

LYNBROOK COMMUNITY CENTRE
2 Harris Street, Lynbrook

Scan the QR code or go to casey.vic.gov.au
for a list of acceptable items and to book a timeslot

